



Tiburcio Vasquez Health Center

IMPACT REPORT FY25

**FOSTERING HEALTHY COMMUNITIES
WITH WHOLE-PERSON CARE**

TIBURCIO
VASQUEZ
Health
Center





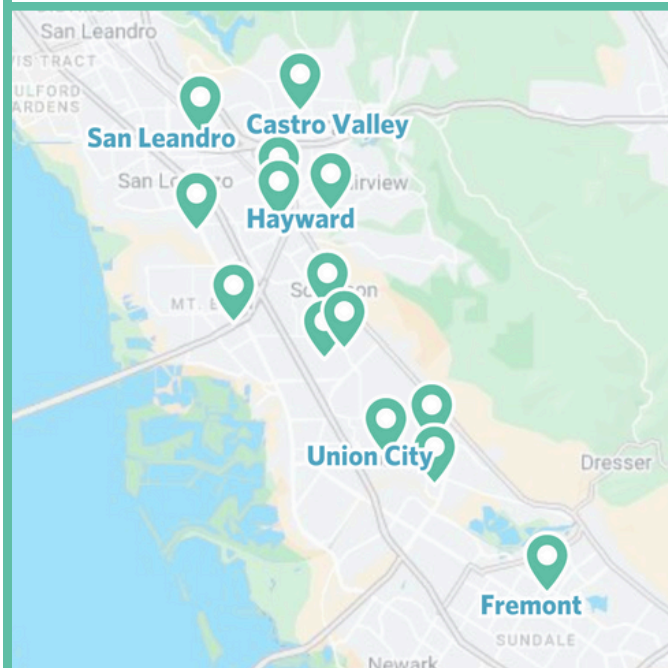
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OUR CARE MODEL

TVHC is a comprehensive care system that provides families with a wide range of health services all in one place. From primary and specialty care to essential social services, we offer everything families need under one roof. TVHC operates a total of 16 sites in the East Bay Area providing a variety of services, including:

CLINICAL SERVICES

Adult Medicine	Dental
Family Medicine	Optometry
Pediatrics	Behavioral Health
Women's Health	Podiatry



WRAP-AROUND SERVICES

- Care coordination after hospitalization
- Group visits and wellness classes
- Healthcare for the homeless
- High school and community college clinics
- Multilingual and multicultural workforce
- Navigation for and help enrolling in social services and housing support
- Promotoras and community health workers
- Telehealth and mobile care vans
- WIC lactation and nutrition support

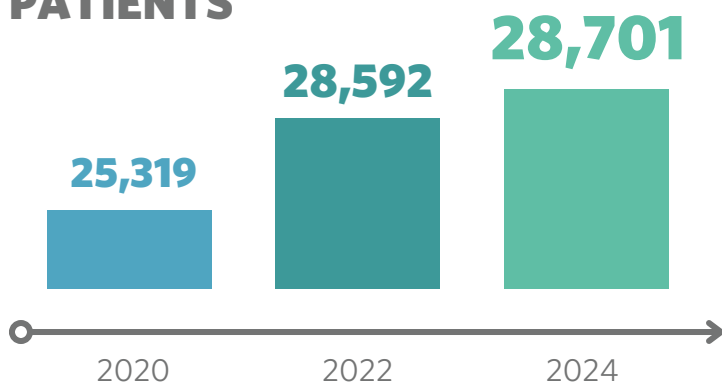




GROWTH IN SERVICES

TVHC's dedication to serving our patients is clear through our unwavering commitment to growth over the years. With every new patient and service provided, we step closer to realizing our vision of fostering healthy communities and ensuring access to comprehensive health care for all.

INDIVIDUAL PATIENTS



23% increase

in clinical Behavioral Health services
since 2023

12% increase

in total Dental visits
since 2022

PREVENTIVE SCREENING

12%

increase in colorectal
cancer screenings
since 2022

5%

increase in cervical
cancer screenings
since 2022

4%

increase in breast
cancer screenings
since 2022

90% increase

in Street Health patients served
since 2022

53% increase

in successful Medi-Cal & CalFresh enrollments
since 2021



OUR PATIENTS

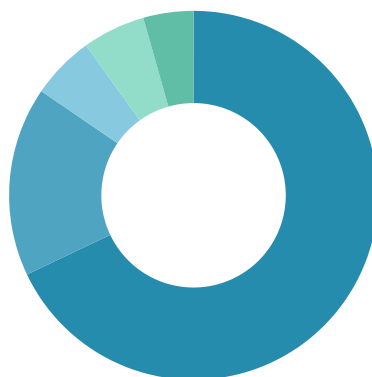
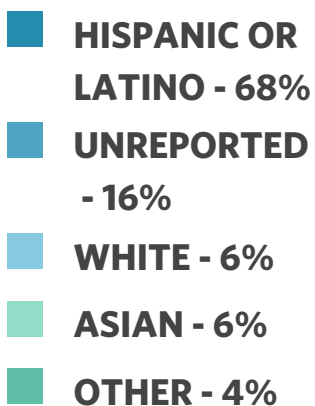
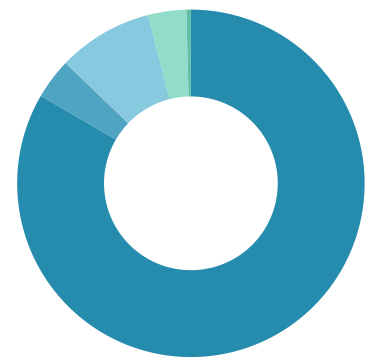
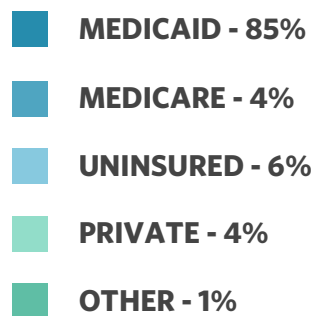
As a Federally Qualified Health Center (FQHC), TVHC ensures that everyone—regardless of income, insurance status, or background—has access to quality, compassionate healthcare to support their overall wellbeing.

The majority of TVHC's patients rely on Medicaid to access care, and our enrollment team plays a critical role in helping the uninsured apply for coverage—ensuring no one is denied care due to cost.

72% of our patients are living in poverty

68% of our patients are Hispanic or Latino

33% of our patients are ages 18 and under



30K
UNIQUE PATIENTS



113K
ANNUAL VISITS



85%
MEDICAID PATIENTS

ADULTS & FAMILIES

With a proactive approach to screening for, preventing, and managing illness, patients of TVHC are supported in every stage of life knowing their providers are working hard to provide the best care in every visit.



20,000 adult patients

10,000 women's health visits

WOMEN'S HEALTH

Comprehensive reproductive health services are provided on-site at TVHC, including gynecology, preventive health exams, prenatal and postpartum care. TVHC partners with local labor and delivery providers and high-risk pregnancy specialists to ensure smooth and coordinated transitions for our pregnant patients.

PEDIATRICS

Our pediatric providers ensure families and children are offered culturally-competent, age-appropriate care to foster healthy growing and stay equipped with the healthcare and social services they need.

10,000 children served

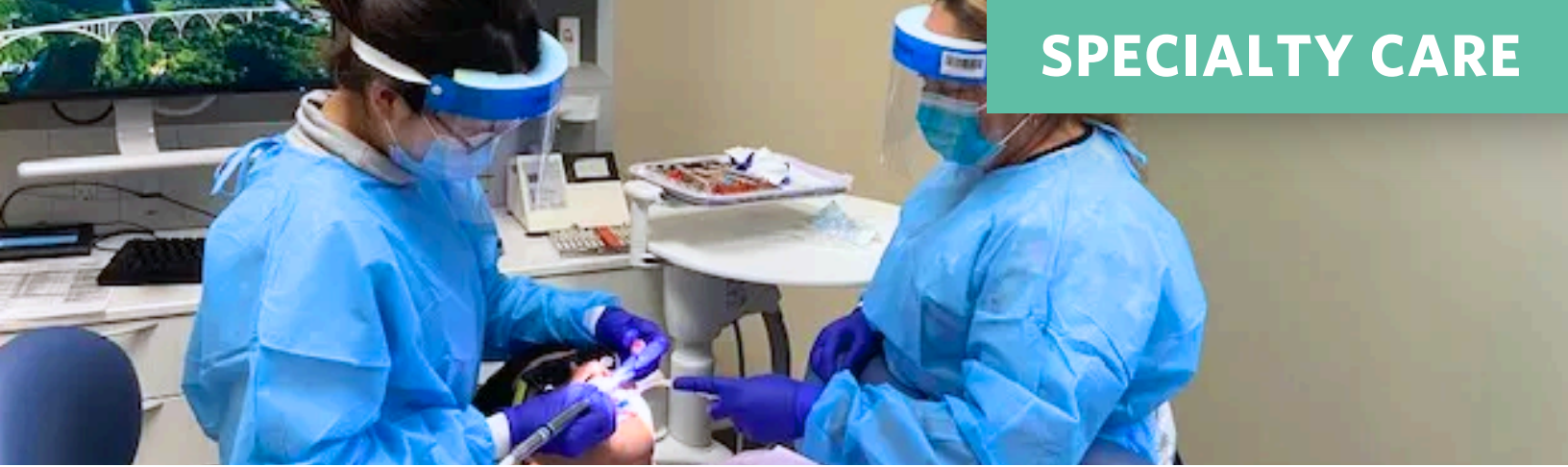
INNOVATION

Team-Based Care

Over the past few years, TVHC has implemented Care Teams, an integrated, whole-person approach to health care. Each Care Team includes a dedicated Primary Care Provider (PCP), a Medical Assistant, and specially trained staff working together to identify and address both clinical and social service needs, ensuring no patients fall through the cracks.

Leveraging Telehealth

With the addition of phone and video visits, TVHC is advancing a flexible, patient-centered telehealth model to improve access, reduce delays, and support efficiency.



OPTOMETRY

Nationwide, less than 3% of community health center patients receive eye and vision care services. TVHC is proud to exceed this average, with 21% of our adult and pediatric patients receiving optometry services.



7,000 optometry visits

PODIATRY

TVHC's podiatrist diagnoses and treats a wide range of foot, ankle, and lower limb conditions to keep patients healthy. She works closely with patients' primary care teams to provide preventative care for diabetic patients and mitigate complications.

3,200 podiatry visits

DENTAL

TVHC's dental department offers a variety of dental services for children and adults using state-of-the-art offices and equipment, including comprehensive exams, fillings, extractions, and emergency services.

20,000 dental visits



In 2025, TVHC introduced its new Mobile Dental Clinic, thanks to the generous support of the Delta Dental Community Care Foundation, complete with operatories, imaging equipment, a patient waiting area, and more.

The mobile clinic arrived at a pivotal time, just months after flooding forced the closure of TVHC's largest dental department. Thanks to the mobile dental clinic, TVHC continued serving dental patients in need and is better equipped to respond swiftly to future emergencies.

450 appointments and counting



BEHAVIORAL HEALTH

TVHC's Integrated Behavioral Health department provides a collaborative, whole-person approach to behavioral health within primary care. The program offers a continuum of care, from prevention and early intervention to therapy, care coordination, ensuring patients receive seamless support wherever they are in their wellness journey.

30,000 services provided

TVHC's Cultura y Bienestar team organizes community events, educational workshops, outreach and traditional healing events, as well as providing early interventions and referral sessions.

Participants in the program reported significant mental health improvements, including reduced anxiety and depression, feeling less isolated, and increased cultural connection and resilience.

"A friend told me about a weekly group for seniors, so I decided to go one day. I was going through a hard time—homeless, in a lot of pain from a bad tooth, and feeling really down.

After the group, I talked to the facilitator. She listened to me and helped connect me to someone at the clinic. They got me in with a dentist, helped me with my high blood pressure and sugar, and even gave me housing support. I still go to the group every week. Talking, laughing, being heard—it helps. I'm very grateful."

— Male, 70 years old

STREET MEDICINE

TVHC's Street Health team provides medical, behavioral health, triage, care management, and housing support for unhoused individuals.



356 unhoused patients

To meet the needs of this underserved population, the Street Health program uses mobile vans to provide on-the-spot care and social services to patients, in addition to transporting patients for more complex care. The team also distributes Naloxone and implements other harm reduction activities to protect these individuals.



SCHOOL CLINICS

TVHC operates five school-based health centers within the county, providing on-site services for students and community members. This includes exams, sports physicals, immunizations, prescriptions, reproductive health services, and referrals for dental and behavioral health services.

“Staying Healthy” assessments are carried out across the Youth Health Services program, which seek to identify and support students with mental and physical health needs specific to their stage of life, such as anxiety and other screening and reproductive health needs.



over **1,500** students
supported through school clinics



over **5,900** individuals
supported through outreach events

COMMUNITY EVENTS

The Community Outreach and Advocacy (COA) team conducts culturally and linguistically responsive outreach and education through grocery stores, health fairs, libraries, parks, and food security events.

TVHCs Promotoras de Salud are an extremely important part of this team, volunteering as mentors, health educators, advocates, and agents of change in their communities. Our Promotoras program has been well-established for over 20 years, spreading awareness and combatting healthcare misinformation to ensure community members get the care they need.

ELIGIBILITY & ENROLLMENT

TVHC's Eligibility team acts as many patients' first step on their journeys to receiving health care, helping patients get educated and enrolled for health coverage and support services.

Working across teams and in multiple settings, TVHC's Eligibility team connects with the community where they are and offers on-the-spot preliminary screenings to help them understand the benefits available to them.

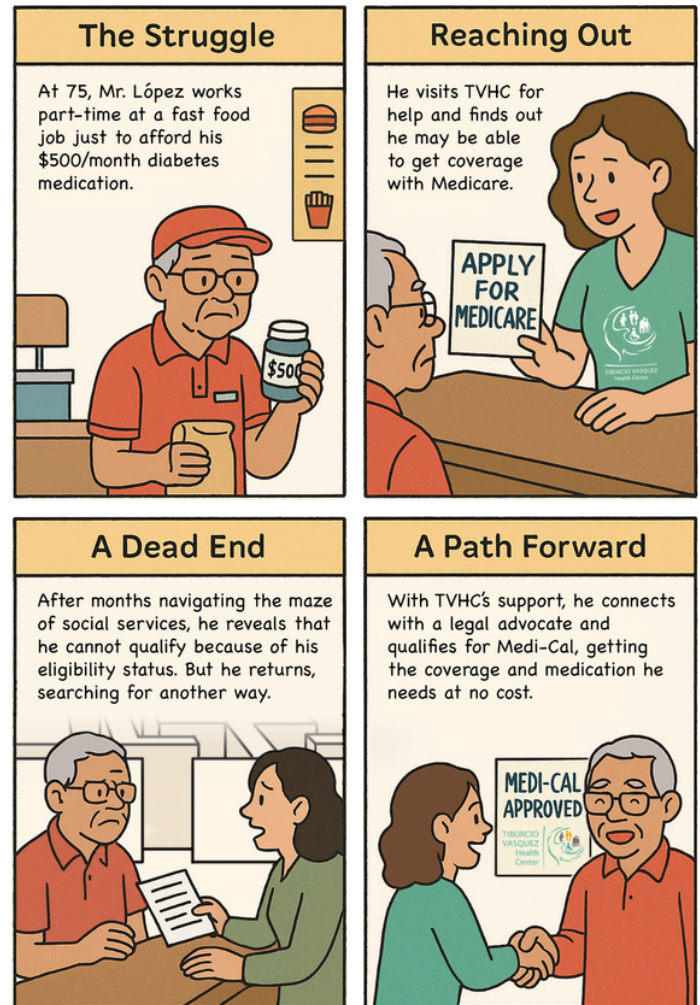
4,500 community members assisted to enroll in or renew Medi-Cal and CalFresh

The team often meets individuals doing everything they can to stay healthy under incredibly difficult circumstances, from working in fast food at 75 to afford medications to having lost health coverage after leaving an abusive marriage.

No matter the situation, TVHC's Eligibility team handles community members with empathy and compassion in their times of need. Every success story offers a reminder of the importance of this support to the community.

A Path to Care

One Patient's Journey Towards Community Health



*The patient's name has been changed for confidentiality.



EARLY CHILDHOOD DEVELOPMENT

From 2023-2025, TVHC was awarded a grant from the Health Resources and Services Administration to enhance Early Childhood Development (ECD) for children up to age five. Through this grant, TVHC built a team to provide direct support to families and children during this critical development period.

ECD work, like early childhood assessments, connecting families to resources, and ongoing developmental guidance, is now a routine part of patient care to ensure children are thriving.



WIC & NUTRITION

TVHC's WIC program provides access to nutritious foods, information on healthy eating, breastfeeding support, referrals, and other services that support new parents and their families.

4,500 families
supported each month



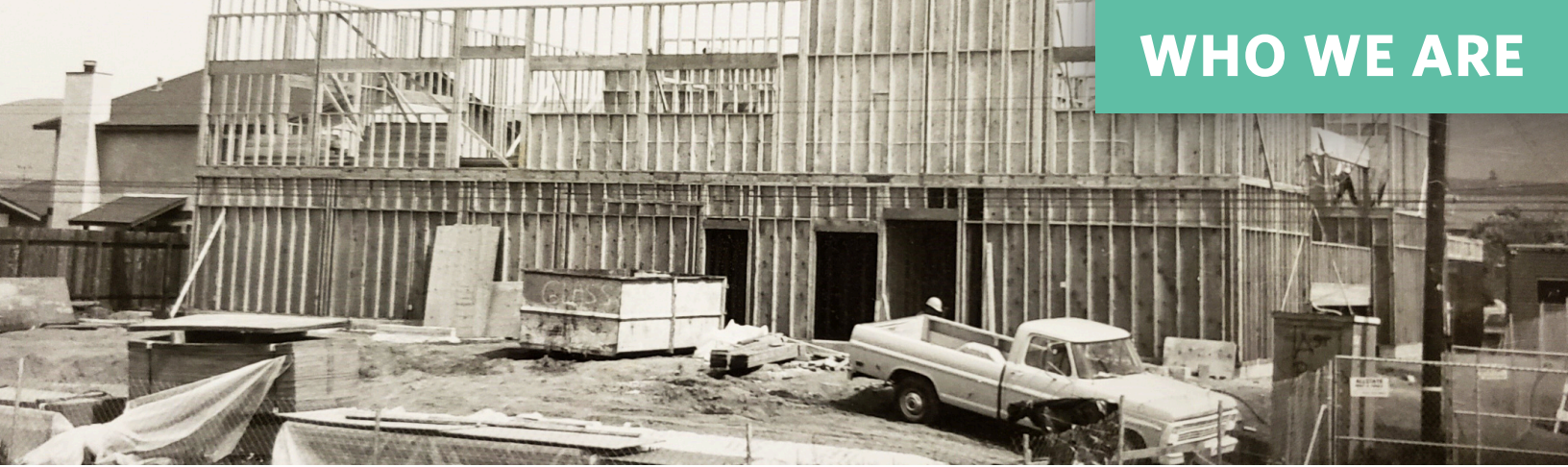
Throughout the year, our WIC team meets with parents for consultations, distributes farmers market vouchers, and hosts events for community education and resource awareness to keep new families engaged.

over **300** families served

FAMILY SUPPORT

For pregnant and parenting teens and adults, in-home visits and case management support school completion, connection to resources, and progress toward self-sufficiency. Parenting and prenatal support groups, positive parenting education, and fatherhood initiatives are also available.

140 families supported
with case management and parenting



MISSION

We are dedicated to promoting the health and well-being of our community by providing accessible, high-quality care, fostering healthy communities, and promoting health equity.

Our individual and organizational commitment is to ensure healthcare as a human right through quality service, advocacy, and community empowerment.

HISTORY

Since 1971, TVHC has provided comprehensive health care and social support services to many of the region's most vulnerable populations.

We have built community trust by providing high-quality services in a multi-lingual, culturally welcoming environment for almost 30,000 community members each year.

Mission Health Center

22331 Mission Boulevard
Hayward, CA 94541

Firehouse Clinic

28300 Huntwood Avenue
Hayward, CA 94544

Ashland Community Clinic

16110 E. 14th Street
San Leandro, CA 94578

Hesperian Clinic

19682 Hesperian Boulevard
Suite 101A
Hayward, CA 94541

Castro Valley Health Center

19400 Santa Maria Avenue
Room P7 & P8
Castro Valley, CA 94546

Union City Health Center

33255 9th Street
Union City, CA 94587

Silva Pediatric Clinic

680 W. Tennyson Road
Hayward, CA 94544

WIC at Fremont

3845 Beacon Avenue, Suite A
Fremont, CA 94538

WIC at Union City

32970 Alvarado Niles Road, Suite 760
Union City, CA 94587

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